

Patient Instructions and Information

Magnetic Resonance Imaging (MRI)

You cannot have an MRI performed if you have a pacemaker, aneurysm clips in the brain, ear implants, implanted neuro-stimulators or metallic fragments in one or both eyes.

You may bring plain sweatpants and a sweatshirt to change into for the exam rather than change into an exam gown.

Please inform your physician of pregnancy, breastfeeding, anemia, any disease that affects red blood cells, asthma, or other allergic respiratory disorders.

IV contrast may be used for your procedure.

Bone Mineral Density Study

(DEXA) You cannot have had a contrast study within the last 10 days.

Breast Imaging

Mammographic procedures should be scheduled during the first 10 days following the beginning of the menstrual cycle. Previous mammogram films are very important in diagnosing problems. Please have films sent to us or bring them with you at the time of your appointment. On day of examination please refrain from using deodorant.

Computed Tomography (CT)

In most cases IV contrast and/or oral contrast may be given.

Abdomen & Pelvis or Pelvis Only: Pick up prep at least one day prior to your study. If barium studies have been done in the past few days, take a laxative the night before the exam.

If diabetic, please consult with your physician.

Ultrasound

Obstetrical or Pelvis: Drink 32 oz. of fluid other than milk one hour before your exam time. DO NOT EMPTY YOUR BLADDER.

Pancreas, Gallbladder, Abdomen and Liver: Eat a fat-free dinner the night before the exam consisting of only Jell-O, bouillon, and fresh fruit. DO NOT EAT OR DRINK ANYTHING SIX HOURS PRIOR TO THE EXAM.

Kidney: Nothing to eat or drink 6 hours prior to the exam.

Abdominal Aorta: Nothing to eat or drink 6 hours prior to exam.

PLEASE NOTE

- **Routine medications may be taken with a small amount of water except as noted above.**
- **If you have a known allergy to IV contrast, please contact our CT department prior to your appointment.**
- **If there is a chance you might be pregnant, please have a blood test prior to all exams except ultrasounds.**

If you have any questions, please call us at 214.778.0101.